


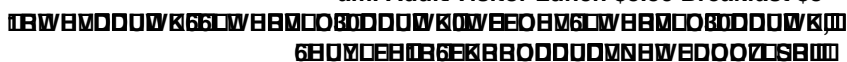


## JANUARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>All students must have AT LEAST 1/2 cup fruits or vegetables with each meal</b></p> 				
<p style="text-align: right;">□ 8</p> <p><b>BREAKFAST</b> French Toast/Sausage/ Fruit &amp; Milk</p> <p><b>LUNCH</b> Mandarin Chicken / Rice/Fruit and Veggie Bar/Milk</p>	<p><b>BREAKFAST 9</b> Cheese Omelet/ Toast/Fruit/Milk</p> <p><b>LUNCH</b> Grilled Cheese/ Tomato Soup/ Crackers/Fruit &amp; Veggie Bar/ Milk</p>	<p><b>BREAKFAST 10</b> Bagel/cream cheese/ Yogurt Fruit/Milk</p> <p><b>LUNCH</b> Pizza/Tossed Salad/ Fruit &amp; Veggie Bar Brownie/Fruit /Milk</p>	<p><b>BREAKFAST 11</b> Biscuits &amp; Gravy Fruit/Milk</p> <p><b>LUNCH</b> Spaghetti and Meat Sauce/Garlic Bread/ F&amp;V Bar/Milk</p>	<p><b>BREAKFAST 12</b> Cereal, yogurt, fruit juice &amp; milk</p> <p><b>LUNCH</b> Hamburger/Tater Tots/ Fruit and veggie Bar/ Milk</p>
<p><b>BREAKFAST 15</b> Waffles/Ham/Fruit &amp; Milk</p> <p><b>LUNCH</b> Chicken Stir-Fry/Rice/ Fruit and Veggie bar/ Milk</p>	<p><b>BREAKFAST 16</b> Breakfast Pizza/Fruit/ Milk</p> <p><b>LUNCH</b> Beef and Cheese Burrito/Rice/Lettuce Cheese/Salsa/F&amp;V Bar/Milk</p>	<p><b>BREAKFAST 17</b> Cinnamon Roll/Yogurt Fruit/Milk</p> <p><b>LUNCH</b> Pizza/Tossed Salad/ Fruit &amp; Veggie Bar Cookie/Fruit /Milk</p>	<p><b>BREAKFAST 18</b> Biscuits &amp; Gravy Fruit/Milk</p> <p><b>LUNCH</b> Crispy King Salmon Fingers/Rice/Cole Slaw/Fruit and Veggie Bar/Milk</p>	<p><b>BREAKFAST 19</b> Cereal/Yogurt/Fruit Juice/Milk</p> <p><b>LUNCH</b> Chicken Burger/Garlic Roasted Potatoes/ Fruit &amp; Veggie Bar/Milk</p>
<p><b>BREAKFAST 22</b> French Toast/Sausage/ Fruit/Milk</p> <p><b>LUNCH</b> Turkey Ranch Wrap/ Vegetable Soup/ Crackers/Fruit &amp; Veggie Bar/Milk</p>	<p><b>BREAKFAST 23</b> Scrambled Eggs/ Toast/Fruit/Milk</p> <p><b>LUNCH</b> Chicken Fajitas/Citrus Rice/Salsa/Fruit &amp;Veggie Bar/Milk</p>	<p><b>BREAKFAST 24</b> Bagel/cream cheese/ Yogurt Fruit/Milk</p> <p><b>LUNCH</b> Pizza/Tossed Salad/ Fruit &amp; Veggie Bar Brownie/Fruit /Milk</p>	<p><b>BREAKFAST 25</b> Biscuits &amp; Gravy Fruit/Milk</p> <p><b>LUNCH</b> Beefy Italian Dunkers/ Corn/Fruit &amp; Veggie Bar/Milk</p>	<p><b>BREAKFAST 26</b> Cereal and Yogurt/Juice Fruit/Milk</p> <p><b>LUNCH</b> Hamburger Garlic Roasted Potatoes/Fruit &amp; Veggie Bar/ Milk</p>
<p><b>BREAKFAST 29</b> Waffles/Sausage/ Yogurt/Fruit/Milk</p> <p><b>LUNCH</b> Chicken Nuggets/ Mac &amp; Cheese/Fruit and Veggie Bar/ Milk</p>	<p><b>BREAKFAST 30</b> Pancakes/Fruit/Milk</p> <p><b>LUNCH</b> Soft Beef Taco/ Refried Beans/Fruit and Veggie Bar/Milk</p>	<p><b>BREAKFAST 31</b> Cinnamon Roll/Yogurt Fruit/Milk</p> <p><b>LUNCH</b> Pizza/Tossed Salad/ Fruit &amp; Veggie Bar/ Milk</p>		

Mt. Eccles Lunches are \$3 Breakfast \$2 H.S. lunches are \$3.25 Breakfast \$2  
Adults can eat at both campuses, please contact school office to let them know you are coming by 9:30

am. Adult/Visitor Lunch \$5.50 Breakfast \$3



TRIBES Agreements - Mutual Respect, Attentive Listening, Appreciation/No Put Downs, Right to Pass  
Check out our Mt. Eccles Elementary & Cordova Jr. /Sr. High School Facebook pages at the Cordova School District web  
site - <http://www.cordovasd.org/Domain/9>

Cordova School District is an Equal Opportunity Provider and Employer