




Cordova School lunch menu

PROUDLY BROUGHT TO *The Cordova Times* BY



AUGUST MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| All students must have AT LEAST 1/2 cup fruits or vegetables with each meal |  |  | | |
| | | | BREAKFAST 1 Biscuits & Gravy Fruit/Milk LUNCH Chicken Stirfry or Turkey Ranch Wrap/ Fruit & Veggie Bar/Milk | BREAKFAST 2 Pancakes and Sausage/ fruit & milk LUNCH Hamburger, Chicken Burger or Italian Sub/ Tater Tots/ Fruit & Veggie Bar/Milk |
| BREAKFAST 8 French Toast Sausage/ Fruit/Milk LUNCH Grilled Cheese or Peanut-butter and jelly/ Tomato Soup/Fruit & Veggie Bar/ Milk | BREAKFAST 9 Bagel and Cream Cheese/ Fruit/Milk LUNCH Beef or Chicken Taco's or Turkey Sub/ Fruit & Veggie Bar/ Milk | BREAKFAST 10 Cinnamon Roll/Yogurt Fruit/Milk LUNCH Pizza or Ham and Cheese Sandwich/ Tossed Salad/Fruit & Veggie Bar/Fruit /Milk | BREAKFAST 11 Biscuits & Gravy Fruit/Milk LUNCH Hot Dog, Chili Dog or Turkey Ranch Wrap/ Fruit & Veggie Bar/ Milk | BREAKFAST 12 Pancakes and sausage fruit & milk LUNCH Hamburger, Chicken Burger or Italian Sub/ Tater Tots/ Fruit & Veggie Bar/ Milk |
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| | | BREAKFAST 21 Bagel/Cream Cheese/ Yogurt/Fruit/Milk LUNCH Pizza/Tossed Salad/ Fruit & Veggie Bar dessert/Fruit /Milk | BREAKFAST 22 Biscuits & Gravy Fruit/Milk LUNCH Cheese and Chili Nachos//Fruit & Veggie Bar/ Milk | BREAKFAST 23 Cereal/Yogurt/Fruit Juice/Milk LUNCH Hamburger/Tater Tots/ Fruit & Veggie Bar/Milk |
| BREAKFAST 26 French Toast/Sausage/ Fruit & Milk LUNCH Chicken Quesadilla/ Rice/Salsa/Fruit & Veggie Bar/Milk Turkey Sub | BREAKFAST 27 Sausage Egg & Cheese Muffin/Fruit/ Milk LUNCH Baked Lasagna/ Garlic Bread/Fruit & Veggie Bar/Milk | BREAKFAST 28 Cinnamon Roll/Yogurt Fruit/Milk LUNCH Pizza/Tossed Salad/ Fruit & Veggie Bar dessert/Fruit /Milk | BREAKFAST 29 Biscuits & Gravy/Fruit/ Milk LUNCH Crispy Salmon Fingers or Turkey Sub, Rice Fruit & Veggie Bar/ Milk | BREAKFAST 30 Cereal, Yogurt/ Fruit Juice/ Milk LUNCH Chicken Burger/ Garlic JoJo's/Fruit & veggie Bar/Milk |

Adult/Visitor Lunch \$5.50 Breakfast \$3

TRIBES Agreements - Mutual Respect, Attentive Listening, Appreciation/No Put Downs, Right to Pass
 Check out our Mt. Eccles Elementary & Cordova Jr. /Sr. High School Facebook pages at the Cordova School District web site -
<http://www.cordovasd.org/Domain/9>

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