


September

School Lunch Menu



Friday meals will be sent home with students on Thursdays. Some assembly will be required to ensure freshness. This institution is an equal opportunity provider.

PROUDLY BROUGHT TO *The Cordova Times* BY AC VALUE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p> 	<p>7</p> <p>BREAKFAST Scrambled Eggs, Toast Fruit cup, milk LUNCH Chicken Fajitas, Fruit and Veggie Bar,</p>	<p>8</p> <p>BREAKFAST Whole Grain Bagel/ cream cheese,yogurt Fruit cup, milk LUNCH LUNCH Pizza, Tossed Salad, Fruit and Veggie Bar, milk</p>	<p>9</p> <p>BREAKFAST Biscuits and Gravy Fruit, Milk LUNCH LUNCH Baked Meatloaf,Mashed Potatoes/gravy, Fruit and Veggie Bar, Milk</p>	<p>10</p> <p>BREAKFAST Cereal, Fruit, Milk LUNCH LUNCH BBQ Pork on a bun, Apple or Orange Juice, Milk</p>
<p>13</p> <p>BREAKFAST French Toast, Sausage Fruit Cup, Milk LUNCH LUNCH Spaghetti and Meat Sauce, Fruit and Veggie bar, Milk</p>	<p>14</p> <p>BREAKFAST Western omelet quesadilla Fruit cup, milk LUNCH LUNCH Chicken Stir Fry, Rice,Fruit and Veggie Bar Milk</p>	<p>15</p> <p>BREAKFAST Cinnamon Roll,Yogurt, Fruit cup, milk LUNCH LUNCH Pizza, Tossed Salad, Fruit and Veggie Bar, Cookie, milk</p>	<p>16</p> <p>BREAKFAST Biscuits and Gravy Fruit, Milk LUNCH LUNCH Grilled Cheese, Tomato Soup Fruit and Veggie Bar, Milk</p>	<p>17</p> <p>BREAKFAST Cereal, Fruit, Milk LUNCH LUNCH Chicken Burger on Bun Apple or orange Juice,Milk</p>
<p>20</p> <p>BREAKFAST Scrumptious Coffee CakeFruit Cup, Milk LUNCH LUNCH Carnitas (shredded pork tacos), Spanish Rice,Fruit and Veggie bar, Milk</p>	<p>21</p> <p>BREAKFAST Cheese Omelet, Toast Fruit Cup, Milk LUNCH LUNCH Stromboli, Marinara Sauce Fruit and Veggie bar, Milk</p>	<p>22</p> <p>BREAKFAST Whole Grain Bagel/ cream cheese,yogurt Fruit cup, milk LUNCH LUNCH Pizza, Tossed Salad, Fruit and Veggie Bar, Milk</p>	<p>23</p> <p>BREAKFAST Biscuits and GravyFruit Cup, Milk LUNCH LUNCH Oven Fried Chicken, Mashed potatoes, gravy,Fruit and Veggie bar, Milk</p>	<p>24</p> <p>BREAKFAST Cereal, Juice,Fruit Cup, Milk LUNCH LUNCH Hamburger on a bun,Apple or orange,Juice, Milk</p>
<p>27</p> <p>BREAKFAST Suasage, egg and cheese muffin, Fruit Cup, Milk LUNCH LUNCH Cheesy Italian Dunkers Fruit and Veggie bar, Milk</p>	<p>28</p> <p>BREAKFAST French Toast, Sausage Fruit Cup, Milk LUNCH LUNCH Crispy Salmon Fingers, Fruit and Veggie bar, Milk</p>	<p>29</p> <p>BREAKFAST Cinnamon Roll, Yogurt, Fruit Cup, Milk LUNCH LUNCH Pizza Fruit and Veggie bar,Dessert Milk</p>	<p>30</p> <p>BREAKFAST Biscuits and Gravy Fruit Cup, Milk LUNCH LUNCH Indian Tacos,Salsa Fruit and Veggie bar, Milk</p>	<p>1</p> <p>BREAKFAST French Toast, Sausage Fruit Cup, Milk LUNCH LUNCH BBQ Pork on a bun, Fruit and Veggie bar, Milk</p>