

# January School Lunch Meals



Friday meals will be sent home with students on Thursdays.  
Some assembly will be required to ensure freshness.  
This institution is an equal opportunity provider.

PROUDLY BROUGHT TO *The Cordova Times* BY AC VALUE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><b>BREAKFAST</b> Eggo Waffles, Sausage Fruit cup, milk <b>LUNCH</b> Chicken Nuggets, Mac and Cheese, Ranch green beans, Fruit and Veggie Bar,</p>	<p>4</p> <p><b>BREAKFAST</b> Cheese Omelet, Muffin Fruit cup, milk <b>LUNCH</b> Mongolian chicken, "fried" Rice, Fruit and Veggie Bar,</p>	<p>5</p> <p><b>BREAKFAST</b> Whole Grain Bagel/ cream cheese, yogurt, Fruit, milk <b>LUNCH</b> Pizza, Tossed Salad, Fruit and Veggie Bar, Dessert, milk</p>	<p>6</p> <p><b>BREAKFAST</b> Biscuits and Gravy Fruit, Milk <b>LUNCH</b> Hot ham and Cheese sandwich, French Fries, Fruit and Veggie Bar, Milk</p>	<p>7</p> <p><b>BREAKFAST</b> Cereal, Fruit, Milk <b>LUNCH</b> Grilled Chicken Burger on a bun, Apple or Orange Juice, Milk</p>
<p>10</p> <p><b>BREAKFAST</b> Pancakes, Sausage Fruit cup, milk <b>LUNCH</b> Spaghetti and Meat Sauce, Garlic Bread, Fruit and Veggie Bar,</p>	<p>11</p> <p><b>BREAKFAST</b> Scrambled Eggs, Hash Browns Fruit cup, milk <b>LUNCH</b> Soft Beef Tacos, Spanish Rice, Fruit and Veggie Bar Milk</p>	<p>12</p> <p><b>BREAKFAST</b> Cinnamon Roll, Yogurt, Fruit, milk <b>LUNCH</b> Pizza, Tossed Salad, Fruit and Veggie Bar, Dessert milk</p>	<p>13</p> <p><b>BREAKFAST</b> Biscuits and Gravy Fruit, Milk <b>LUNCH</b> Chicken and Gravy over, Mashed Potatoes, Corn Fruit and Veggie Bar, Milk</p>	<p>14</p> <p><b>BREAKFAST</b> Cereal, Fruit, Milk <b>LUNCH</b> Hamburger on Bun Apple or orange Juice, Milk</p>
<p>17</p> <p><b>BREAKFAST</b> Scrumptious Coffee Cake Fruit Cup, Milk <b>LUNCH</b> Cheeseburger Mac Ranch Green Beans, Fruit and Veggie bar, Milk</p>	<p>18</p> <p><b>BREAKFAST</b> Cheese Omelet, Toast Fruit Cup, Milk <b>LUNCH</b> Crispy Salmon Fingers, or Teriyaki Salmon, Fruit and Veggie bar, Milk</p>	<p>19</p> <p><b>BREAKFAST</b> Whole Grain Bagel/ cream cheese, yogurt, Fruit, milk <b>LUNCH</b> Pizza, Tossed Salad, Fruit and Veggie Bar, Dessert Milk</p>	<p>20</p> <p><b>BREAKFAST</b> Biscuits and Gravy, Fruit Cup, Milk <b>LUNCH</b> Mini Meatloaves, Mashed Potatoes, Gravy, Fruit and Veggie bar, Milk</p>	<p>21</p> <p><b>BREAKFAST</b> Cereal, Juice, Fruit Cup, Milk <b>LUNCH</b> Chicken Burger on a bun, Apple or orange Juice, Milk</p>
<p>24</p> <p><b>BREAKFAST</b> French Toast, Fruit Cup, Milk <b>LUNCH</b> Cheesy Italian Dunkers, Fruit and Veggie bar, Milk</p>	<p>25</p> <p><b>BREAKFAST</b> Sausage, egg and cheese muffin Fruit Cup, Milk <b>LUNCH</b> Crispy Salmon Fingers, Fruit and Veggie bar, Milk</p>	<p>26</p> <p><b>BREAKFAST</b> Cinnamon Roll, Yogurt, Fruit Cup, Milk <b>LUNCH</b> Pizza Fruit and Veggie bar, Dessert Milk</p>	<p>27</p> <p><b>BREAKFAST</b> Biscuits and Gravy, Fruit Cup, Milk <b>LUNCH</b> Baked Chicken, Mashed Potatoes, Gravy, Fruit and Veggie bar, Milk</p>	<p>28</p> <p><b>BREAKFAST</b> Cereal, Fruit, Milk <b>LUNCH</b> Hamburger on Bun Apple or orange Juice, Milk</p>
<p>31</p> <p><b>BREAKFAST</b> Waffle, sausage, Fruit Cup, Milk <b>LUNCH</b> Chicken Alfredo, Noodles, Steamed Broccoli, Fruit and Veggie bar, Milk</p>				<p>Happy Iceworm</p>